## Biblical Counseling at St Johns? The Biblical Counseling Center of Napa Valley

The Biblical Counseling Center of Napa Valley is a ministry to the families of Saint John's Lutheran Church and all Christians in the greater Napa area. Our center began some 25 years ago to offer strength and direction to those Christians suffering through trials and tribulations using the promises and hope the Bible offers to those who trust Jesus as their Lord and Savior.

Dr. Steven Rock and Judi Rock are both accredited Biblical counselors with years of experience in what could be called "Clinical Theology." Simply put, we view the struggles and hardships of life through the lens of God's Word. What does the Bible say about depression, anxiety, conflict and other life challenges? How can we honor God as we work through these difficulties?

If you, or someone you know, is struggling with life's stressors, please consider giving us a call at **707-738-5306** (We are a free ministry to all).

Having seen Scripture change lives repeatedly, we are convinced that God offers the very best solution to all who are "burdened and heavy laden". God has HOPE for the weary soul and offers rest through His Word (Matthew 6:33-34: 11:28-30).

The Biblical Counseling Center of Napa Valley is Accredited by: The Association of Certified Biblical Counselors (ACBC) The international Association of Biblical Counselors (IABC)