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The Lord's Supper

Matthew 26:17-30

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Jesus gave Himself for us.



The night before Jesus died on the cross for the sins of the world, Jesus and His disciples gathered around a table for a special meal called the Passover. God's people ate this Passover meal every year to remember how God had saved His people during the days when they were slaves in Egypt.

While they were eating, Jesus took bread in His hand. He thanked God, broke the bread, and gave it to the disciples. Jesus said, "Take and eat; this is My body."
Then Jesus took a cup of wine from the table. He gave thanks; then He offered the wine to each of them. Jesus

said, "Drink from it, all of you. This cup is My blood, which is poured out for you for the forgiveness of sins."
Jesus gave this meal to His followers to share with one another often. We celebrate this special meal very often in our church services, just as Jesus told us to do. When people receive the Lord's Supper, they receive Jesus' body and blood together with the bread and wine, just as He said. We call this special meal the Sacrament of the Lord's Supper. This is a special way that all who believe in Jesus receive forgiveness of sins, new life, and salvation.

Parents: At a family meal, talk with children about the Lord's Supper. God's Word tells us that all who are able to examine themselves regarding their partaking in Christ's body and blood may receive it in this special meal. The Sacrament is a gift from God, another way in which He offers us the forgiveness Jesus won for us through His death and resurrection. Encourage your children to look forward to the day when they too will receive Christ's true body and blood in this way.